

Sara E. Andrews, Ph.D.

Curriculum Vitae ✕ October 2016

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EDUCATION

Doctor of Philosophy, Social/Personality Psychology 2016
University of California, Riverside, Riverside, California
Graduate Advisor: Kate Sweeny, Ph.D.
Doctoral Dissertation: From awful to awe-full: Easing the discomfort of uncertain waiting periods.

Master of Arts, Social Psychology 2011
San Diego State University, San Diego, California
Graduate Advisor: David A. Armor, Ph.D.
Master's Thesis: Wise optimism and well-being: Are optimistic predictions always best?

Bachelor of Arts, Sociology; Minors: Psychology, Visual Arts 2004
University of California, San Diego, La Jolla, California

FELLOWSHIPS & AWARDS

Summer Institute in Social and Personality Psychology. Emphasis: Automaticity and Control. UC Davis (Summer 2013).
Chancellor's Distinguished Fellowship Award, UC Riverside (2011-2012).
Student Research Symposium President's Award Recipient, San Diego State University (2010). Awarded \$500 and invited to present at the 2010 California State University Research Competition.
Graduate Equity Fellowship, San Diego State University (2009).

PROFESSIONAL AFFILIATIONS

Society for Personality and Social Psychology (2011 – present)
Social, Personality, and Health Network (2011 – present)
American Psychological Association (2011 – present)
Society of Behavioral Medicine (2012 – present)

PUBLISHED MANUSCRIPTS

Nelson, S. K., Robbins, M. L., **Andrews, S. E.**, & Sweeny, K. (2015). Disrupted transition to parenthood: Gender moderates the association between miscarriage and uncertainty about conception. *Sex Roles: A Journal of Research*.

Sweeny, K., Reynolds, C., Falkenstein, A., **Andrews, S. E.**, & Dooley, M. (2015). Two definitions of waiting well. *Emotion*. Advance online publication. doi:10.1037/emo0000117

Sweeny, K., **Andrews, S. E.**, Nelson, S. K., & Robbins, M. L. (2015). Waiting for a baby: Navigating uncertainty while trying to conceive. *Social Science and Medicine*, 141, 123-132. doi:10.1016/j.socscimed.2015.07.031

Sweeny, K., & **Andrews, S. E.** (2014). Mapping individual differences in the experience of a waiting period. *Journal of Personality & Social Psychology*, 106, 1015-1030. doi:10.1037/a0036031

Andrews, S. E., Ghane, A., Legg, A. M., Tabuenca, A., & Sweeny, K. (2014). Expectations in the context of

gallbladder and hernia surgery: A descriptive report. *Health Expectations*. doi: 10.1111/hex.12171

Legg, A. M., **Andrews, S. E.**, Huynh, H. P., Ghane, A., Tabuenca, A., & Sweeny, K. (2014). Changes in patients' emotions following surgical consultations. *Health Expectations*. doi: 10.1111/hex.12288

Ghane, A., Huynh, H. P., **Andrews, S. E.**, Legg, A. M., Tabuenca, A., & Sweeny, K. (2014). The relative importance of patients' decisional control preferences and experiences. *Psychology & Health, 29*, 1105-1118. doi:10.1080/08870446.2014.911873

Sweeny, K., Ghane, A., Legg, A. M., Huynh, H. P., & **Andrews, S. E.** (2014). Predictors of genetic testing decisions: A systematic review and critique of the literature. *Journal of Genetic Counseling, 23*, 263-288. doi:10.1007/s10897-014-9712-9

PUBLISHED CHAPTER

Andrews, S. E., & Sweeny, K. (2015). A multi-level approach to managing threatening health information. In P. J. Carroll, R. M. Arkin, & A. Wichman (Eds.), *The Handbook of Personal Security* (pp. 275-295). New York, NY: Psychology Press.

MANUSCRIPTS UNDER REVIEW

Sweeny, K., & **Andrews, S. E.** (2016). *Should patients be optimistic about the outcome of surgery? Resolving a conflicted literature*. Manuscript under review.

MANUSCRIPTS IN PROGRESS

Andrews, S. E., Howell, J. L., & Sweeny, K. (2016). *Predictors and Outcomes of Physician Communication Goals During Patient Interactions*. Manuscript in preparation.

Andrews, S. E., & Sweeny, K. (2016). *Uncertainty and expectation in end-of-life planning and care*. Manuscript in preparation.

Andrews, S. E., & Sweeny, K. (2016). *Self-affirmation and personal disaster preparedness intentions*. Manuscript in preparation.

Andrews, S. E., & Sweeny, K. (2016). *The effect of mindfulness meditation on strategy selection during an uncertain waiting period*. Manuscript in preparation.

Andrews, S. E., & Armor, D. A. (2016). *Wise optimism and well-being: Are optimistic predictions always best?* Manuscript in preparation.

PRESENTATIONS

Conference Sessions Organized

Andrews, S. E., & Walsh, M. (2016, January). Multi-method approaches to data collection. Symposium organized for the Annual Conference of the Society for Personality and Social Psychology, San Diego, CA.

Andrews, S. E., Brown, N., & Keneski, E. (2016, January). Work-life balance. Special session organized for the Annual Conference of the Society for Personality and Social Psychology, San Diego, CA.

Talks

Andrews, S. E. (2015, September). The Psychology of Uncertainty. Presented at the Social/Personality Brown Bag Series, Department of Psychology, University of California, Riverside, CA.

- Andrews, S. E.** (2015, April). From Awful to Awe-full: Easing the Discomfort of Uncertain Waiting Periods. Presented at the Social/Personality Brown Bag Series, Department of Psychology, University of California, Riverside, CA.
- Andrews, S. E.** (2014, May). Self-Esteem, Dignity, and Self-Compassion. Presented to the Alpha Delta Pi Sorority at California State University, Fullerton, CA.
- Andrews, S. E.** (2014, April). Doctor-patient communication in a multicultural context. Breakout session presentation at the University of California Global Health Day, Davis, CA.
- Andrews, S. E.** (2014, January). Mapping a waiting period: Two studies. Presented at the Social/Personality Brown Bag Series, Department of Psychology, University of California, Riverside, CA.
- Andrews, S. E.** (2013, April). All waiting is not created equal: Intolerance of uncertainty as a predictor of event-specific anxiety and rumination. Presented at the Social/Personality Brown Bag Series, Department of Psychology, University of California, Riverside.
- Andrews, S. E., & Layous, K.** (2013, February). The power of positive thinking: Peers pursuing happiness. Presented for Power of the Peer Lunchtime Learning program at the University of California, Riverside, CA.
- Andrews, S. E., Tabuenca, A., & Sweeny, K.** (2013, January). Patient diversity and expectations for hernia and gallbladder surgery. Presented at the Health Pre-Conference Data Blitz during the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Andrews, S. E., Layous, K., & Miller, J.** (2012, November). Health, wellness, and the pursuit of happiness. Presented for the Connect series in the College of Humanities, Arts, and Social Sciences at the University of California, Riverside, CA.
- Andrews, S. E.** (2012, November). Cultivating healthy relationships: Navigating graduate student relationships. Panel member at the University of California, Riverside, CA.
- Andrews, S. E. & Armor, D. A.** (2012, January). Wise optimism and well being: What conventional wisdom gets right. Presented at the Health Pre-Conference Data Blitz during the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Andrews, S. E. & Armor, D. A.** (2011, January). Wise optimism and well-being. Presented at the Health Pre-Conference Data Blitz during the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Andrews, S. E. & Armor, D. A.** (2010, April). Evaluating prescriptions for optimism: Ideal predictions are often (but not always) optimistic. Presented at the 2010 California State University Student Research Competition, San Jose, CA.
**Invited as a result of receiving the President's Award*
- Andrews, S. E. & Armor, D. A.** (2010, March). Evaluating prescriptions for optimism: Ideal predictions are often (but not always) optimistic. Presented at the 2010 San Diego State University Student Research Symposium, San Diego, CA.
**President's Award Recipient*

Poster Presentations

- Andrews, S. E. & Sweeny, K.** (2017, January). Experiencing awe during an uncertain waiting period reduces distress. Poster to be presented at the Annual Conference of the Society for Personality and Social Psychology, San Antonio, TX.

- Andrews, S. E. & Sweeny, K.** (2016, January). Doctor-patient communication: Conversational goals and patient adherence. Poster presented at the Annual Conference of the Society for Personality and Social Psychology, San Diego, CA.
- Andrews, S. E. & Sweeny, K.** (2015, April). Personal preparedness and self-affirmation in the face of disaster. Poster presented at the Annual Conference of the Western Psychological Association, Las Vegas, NV.
- Andrews, S. E. & Sweeny, K.** (2015, February). Strategy selection in navigating uncertainty. Poster presented at the Annual Conference of the Society for Personality and Social Psychology, Long Beach, CA.
- Andrews, S. E. & Sweeny, K.** (2014, February). Waiting is the hardest part: Modeling the experience of uncertainty. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Austin, TX.
- Andrews, S.E., Tabuenca, A. & Sweeny, K.** (2013, March). Patient expectations for hernia and gallbladder surgery: A descriptive report. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Francisco, CA.
- Andrews, S. E. & Sweeny, K.** (2013, January). Individual differences in uncertainty navigation. Poster presented at the annual meeting of the Society for Personality and Social Psychology, New Orleans, LA.
- Andrews, S. E. & Armor, D. A.** (2012, January). Wise optimism and well being: What conventional wisdom gets right. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Diego, CA.
- Andrews, S. E. & Armor, D. A.** (2011, January). Wise optimism and well being: Optimistic predictions are often (but not always) ideal. Poster presented at the annual meeting of the Society for Personality and Social Psychology, San Antonio, TX.
- Andrews, S. E. & Armor, D. A.** (2010, August). Predicting and describing optimism across situations: What predicts positive adjustment? Presented at the annual meeting of the American Psychological Association, San Diego, CA.
- Andrews, S. E. & Armor, D. A.** (2010, January). Evaluating prescriptions for optimism: Ideal predictions are often (but not always) best. Poster presented at the annual meeting of the Society for Personality and Social Psychology, Las Vegas, NV.

PROFESSIONAL EXPERIENCE

Ad hoc reviewer for SPSP Outstanding Research Award and Student Poster Award (2014 – 2015).
 Ad hoc reviewer for Health Expectations (2014).
 Graduate Intern at the UCR Campus Wellness Center (2012 – 2014). Devon Sakamoto.
 San Diego Association of Governments, Criminal Justice Division (2008 – 2009). Cynthia Burke.

TEACHING EXPERIENCE

I have been a teaching assistant for the following courses (course evaluations available upon request):

Social Psychology (Winter 2014). Kate Sweeny.
 Research Methods in Experimental Psychology (Spring 2013). Angela Legg.
 Research Methods in Experimental Psychology (Winter 2013). Kate Sweeny.
 Social Psychology (Fall 2012). Kate Sweeny.
 Psychology and Law (Summer 2012). Rakel Larson.
 Introduction to Industrial and Organizational Psychology (Fall 2009). Lisa Kath.

I have given the following guest lectures as a teaching assistant:

Stereotyping and prejudice lecture in Social Psychology (Winter 2014).
Social judgment lecture in Social Psychology (Fall 2012).

I am prepared to teach the following courses:

Introduction to Psychology
Research Methods
Social Psychology
Health Psychology
Seminar in the Psychology of Uncertainty

DEPARTMENTAL/SOCIETY SERVICE

Society for Personality and Social Psychology GSC Vice President (2015 – present)
UCR Department of Psychology Social/Personality Brown Bag Co-Coordinator (2013 – 2014)
UCR Campus Safety Committee Graduate Student Representative (2012 – 2013)
UCR Graduate Student Association Psychology Department Vice President (2012 – 2013)
UCR Psychology Department Graduate Representative (2012 – 2013)
SDSU Psychology Department Master's Committee Student Representative (2010 – 2011)
SDSU SONA Participant Pool Coordinator (2009 – 2011)

VOLUNTEER/SERVICE WORK

No One Dies Alone Program Volunteer at Loma Linda University Medical Center (2013 – 2014)
Patient Relations Volunteer Liaison at Loma Linda University Medical Center (2012 – 2014)
Big Brothers Big Sisters, San Diego, California Chapter (2006 – 2012)

REFERENCES

Kate Sweeny, Ph.D.
Associate Professor, Department of Psychology, University of California, Riverside.
Email: ksweeny@ucr.edu Phone: 951.827.7165

Sonja Lyubomirsky, Ph.D.
Professor, Department of Psychology, University of California, Riverside.
Email: sonja.lyubomirsky@ucr.edu Phone: 951.827.5041

Howard Friedman, Ph.D.
Distinguished Professor, Department of Psychology, University of California, Riverside.
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